

Programmanr. 119
20-10-2024 - 16:05

Dames, 1500m vrije slag
Directe finale

Senioren
Resultaten

Punten: FINA 2023

rang	naam	vereniging	tijd	RT	FINA			
Onder 18								
1.	Imre Bouwland	ZPC Hoogeveen	200700388	18:08.05	581			
	50m: 32.37	32.37	450m: 5:24.13	36.82	850m: 10:16.75	36.89	1250m: 15:10.24	36.42
	100m: 1:08.13	35.76	500m: 6:00.98	36.85	900m: 10:53.38	36.63	1300m: 15:46.07	35.83
	150m: 1:44.54	36.41	550m: 6:36.89	35.91	950m: 11:30.23	36.85	1350m: 16:22.24	36.17
	200m: 2:21.02	36.48	600m: 7:13.39	36.50	1000m: 12:06.77	36.54	1400m: 16:58.05	35.81
	250m: 2:57.41	36.39	650m: 7:50.05	36.66	1050m: 12:43.50	36.73	1450m: 17:33.71	35.66
	300m: 3:33.97	36.56	700m: 8:27.02	36.97	1100m: 13:20.44	36.94	1500m: 18:08.05	34.34
	350m: 4:10.87	36.90	750m: 9:03.21	36.19	1150m: 13:57.29	36.85		
	400m: 4:47.31	36.44	800m: 9:39.86	36.65	1200m: 14:33.82	36.53		
2.	Kyara Balt	De Vikings	201100306	19:56.96	436			
	50m: 36.06	36.06	450m: 6:01.78	39.91	850m: 11:22.23	39.96	1250m: 16:40.84	40.27
	100m: 1:16.36	40.30	500m: 6:41.73	39.95	900m: 12:02.06	39.83	1300m: 17:20.87	40.03
	150m: 1:57.45	41.09	550m: 7:21.96	40.23	950m: 12:42.27	40.21	1350m: 18:00.83	39.96
	200m: 2:38.65	41.20	600m: 8:02.45	40.49	1000m: 13:21.60	39.33	1400m: 18:40.60	39.77
	250m: 3:18.90	40.25	650m: 8:42.49	40.04	1050m: 14:01.72	40.12	1450m: 19:19.52	38.92
	300m: 3:59.64	40.74	700m: 9:22.14	39.65	1100m: 14:41.50	39.78	1500m: 19:56.96	37.44
	350m: 4:40.82	41.18	750m: 10:02.35	40.21	1150m: 15:20.94	39.44		
	400m: 5:21.87	41.05	800m: 10:42.27	39.92	1200m: 16:00.57	39.63		
Senioren								
1.	Marte Hieke van der Kamp	HZ&PC Heerenveen	200500218	16:41.93	744			
	50m: 29.91	29.91	450m: 4:54.40	33.62	850m: 9:23.46	33.59	1250m: 13:52.35	33.72
	100m: 1:02.15	32.24	500m: 5:28.06	33.66	900m: 9:56.80	33.34	1300m: 14:26.27	33.92
	150m: 1:34.73	32.58	550m: 6:01.71	33.65	950m: 10:30.35	33.55	1350m: 15:00.33	34.06
	200m: 2:07.73	33.00	600m: 6:35.26	33.55	1000m: 11:03.82	33.47	1400m: 15:34.59	34.26
	250m: 2:40.86	33.13	650m: 7:09.02	33.76	1050m: 11:37.31	33.49	1450m: 16:09.18	34.59
	300m: 3:13.94	33.08	700m: 7:42.66	33.64	1100m: 12:10.91	33.60	1500m: 16:41.93	32.75
	350m: 3:47.25	33.31	750m: 8:16.22	33.56	1150m: 12:44.71	33.80		
	400m: 4:20.78	33.53	800m: 8:49.87	33.65	1200m: 13:18.63	33.92		
2.	Hedwig Bolt	HZ&PC Heerenveen	200602660	16:57.83	710			
	50m: 30.55	30.55	450m: 5:01.02	33.98	850m: 9:34.05	34.32	1250m: 14:09.53	34.37
	100m: 1:03.79	33.24	500m: 5:34.93	33.91	900m: 10:08.58	34.53	1300m: 14:44.09	34.56
	150m: 1:37.21	33.42	550m: 6:09.08	34.15	950m: 10:43.07	34.49	1350m: 15:18.26	34.17
	200m: 2:11.11	33.90	600m: 6:42.96	33.88	1000m: 11:17.30	34.23	1400m: 15:52.35	34.09
	250m: 2:44.83	33.72	650m: 7:17.16	34.20	1050m: 11:51.84	34.54	1450m: 16:25.89	33.54
	300m: 3:19.07	34.24	700m: 7:51.27	34.11	1100m: 12:26.30	34.46	1500m: 16:57.83	31.94
	350m: 3:53.09	34.02	750m: 8:25.40	34.13	1150m: 13:00.81	34.51		
	400m: 4:27.04	33.95	800m: 8:59.73	34.33	1200m: 13:35.16	34.35		
3.	Imre Bouwland	ZPC Hoogeveen	200700388	18:08.05	581			
	50m: 32.37	32.37	450m: 5:24.13	36.82	850m: 10:16.75	36.89	1250m: 15:10.24	36.42
	100m: 1:08.13	35.76	500m: 6:00.98	36.85	900m: 10:53.38	36.63	1300m: 15:46.07	35.83
	150m: 1:44.54	36.41	550m: 6:36.89	35.91	950m: 11:30.23	36.85	1350m: 16:22.24	36.17
	200m: 2:21.02	36.48	600m: 7:13.39	36.50	1000m: 12:06.77	36.54	1400m: 16:58.05	35.81
	250m: 2:57.41	36.39	650m: 7:50.05	36.66	1050m: 12:43.50	36.73	1450m: 17:33.71	35.66
	300m: 3:33.97	36.56	700m: 8:27.02	36.97	1100m: 13:20.44	36.94	1500m: 18:08.05	34.34
	350m: 4:10.87	36.90	750m: 9:03.21	36.19	1150m: 13:57.29	36.85		
	400m: 4:47.31	36.44	800m: 9:39.86	36.65	1200m: 14:33.82	36.53		
4.	Amber Tiesinga	DZ&PC	200600782	19:13.42	488			
	50m: 33.38	33.38	450m: 5:32.92	38.01	850m: 10:46.31	39.56	1250m: 15:59.93	39.36
	100m: 1:09.75	36.37	500m: 6:11.71	38.79	900m: 11:25.61	39.30	1300m: 16:38.91	38.98
	150m: 1:47.04	37.29	550m: 6:50.52	38.81	950m: 12:04.66	39.05	1350m: 17:17.96	39.05
	200m: 2:24.22	37.18	600m: 7:29.93	39.41	1000m: 12:43.87	39.21	1400m: 17:57.09	39.13
	250m: 3:01.44	37.22	650m: 8:09.28	39.35	1050m: 13:22.96	39.09	1450m: 18:36.01	38.92
	300m: 3:38.61	37.17	700m: 8:48.05	38.77	1100m: 14:02.12	39.16	1500m: 19:13.42	37.41
	350m: 4:16.48	37.87	750m: 9:27.56	39.51	1150m: 14:41.49	39.37		
	400m: 4:54.91	38.43	800m: 10:06.75	39.19	1200m: 15:20.57	39.08		

Programmanr. 119, Dames, 1500m vrije slag, Senioren

rang	naam	vereniging		201100306				tijd	RT	FINA		
5.	Kyara Balt	De Vikings		201100306				19:56.96		436		
	50m:	36.06	36.06	450m:	6:01.78	39.91	850m:	11:22.23	39.96	1250m:	16:40.84	40.27
	100m:	1:16.36	40.30	500m:	6:41.73	39.95	900m:	12:02.06	39.83	1300m:	17:20.87	40.03
	150m:	1:57.45	41.09	550m:	7:21.96	40.23	950m:	12:42.27	40.21	1350m:	18:00.83	39.96
	200m:	2:38.65	41.20	600m:	8:02.45	40.49	1000m:	13:21.60	39.33	1400m:	18:40.60	39.77
	250m:	3:18.90	40.25	650m:	8:42.49	40.04	1050m:	14:01.72	40.12	1450m:	19:19.52	38.92
	300m:	3:59.64	40.74	700m:	9:22.14	39.65	1100m:	14:41.50	39.78	1500m:	19:56.96	37.44
	350m:	4:40.82	41.18	750m:	10:02.35	40.21	1150m:	15:20.94	39.44			
	400m:	5:21.87	41.05	800m:	10:42.27	39.92	1200m:	16:00.57	39.63			