

Programmanr. 12  
4-3-2023 - 18:19

Dames, 200m rugslag  
Spring Swim record: Yke Groener 2:19.06

Senioren Open  
Resultaten Finale

Punten: FINA 2023

Rang		In.tijd	Pnt	50m	100m	150m	200m	
1.	Frouke Ludwig	Dz&Pc	2008001122:20.74	693	32.88	35.08	35.87	35.54
2.	Carolina Cermelli	De Dolfijn	2001063902:21.04	654	34.07	36.02	36.29	35.68
3.	Laura van Etten	HZ&PC Heerenveen	2008002642:25.70	617	34.23	36.75	37.38	36.49
4.	Sara Korthuis	Dz&Pc	2006004942:21.82	604	33.40	35.93	38.25	38.28
5.	Silke Hooghiemstra	HZ&PC Heerenveen	2009012242:31.17	557	34.58	38.05	39.44	37.79
6.	Fay Boxum	Dz&Pc	2009000602:30.19	536	35.34	38.53	39.25	38.72
7.	Jasmijn Sterken	ZC Polaris	2007011962:33.95	506	36.02	38.82	40.78	39.17
8.	Myrthe Natzijl	Orca Leeuwarden	2004000762:34.89	487	37.17	39.69	39.80	40.05