

Programmanr. 24
20-10-2024 - 9:32

Dames, 400m wisselslag

Senioren
Resultaten Voorrunde

Punten: FINA 2023

rang	naam		vereniging			tijd	RT	FINA
Onder 18								
1.	Dachen Haaijer		ZPC Hoogeveen	200800380		4:56.48	Q	666
	50m: 33.07	33.07	150m: 1:49.87	37.96	250m: 3:08.54	42.46	350m: 4:24.10	33.04
	100m: 1:11.91	38.84	200m: 2:26.08	36.21	300m: 3:51.06	42.52	400m: 4:56.48	32.38
2.	Fay Boxum		DZ&PC	200900060		5:02.64	Q	626
	50m: 32.44	32.44	150m: 1:47.61	37.66	250m: 3:08.19	43.50	350m: 4:28.39	35.10
	100m: 1:09.95	37.51	200m: 2:24.69	37.08	300m: 3:53.29	45.10	400m: 5:02.64	34.25
3.	Frouke Ludwig		DZ&PC	200800112		5:04.84	Q	612
	50m: 32.66	32.66	150m: 1:49.90	39.56	250m: 3:11.53	43.56	350m: 4:30.44	34.95
	100m: 1:10.34	37.68	200m: 2:27.97	38.07	300m: 3:55.49	43.96	400m: 5:04.84	34.40
4.	Laura van Etten		HZ&PC Heerenveen	200800264		5:10.30	Q	581
	50m: 32.87	32.87	150m: 1:51.16	38.98	250m: 3:15.11	44.86	350m: 4:36.61	35.60
	100m: 1:12.18	39.31	200m: 2:30.25	39.09	300m: 4:01.01	45.90	400m: 5:10.30	33.69
5.	Kyara Balt		De Vikings	201100306		5:51.17	Q	400
	50m: 38.02	38.02	150m: 2:06.50	44.19	250m: 3:40.03	49.72	350m: 5:12.49	40.03
	100m: 1:22.31	44.29	200m: 2:50.31	43.81	300m: 4:32.46	52.43	400m: 5:51.17	38.68
6.	Norell Kroeze		Zwemclub Polaris	201100378		5:51.22	Q	400
	50m: 39.43	39.43	150m: 2:13.38	46.46	250m: 3:46.55	48.34	350m: 5:15.69	38.93
	100m: 1:26.92	47.49	200m: 2:58.21	44.83	300m: 4:36.76	50.21	400m: 5:51.22	35.53
7.	Fardau Cazemier		ZCNF'34	200901736		5:53.45	Q	393
	50m: 38.71	38.71	150m: 2:10.31	46.61	250m: 3:45.45	50.47	350m: 5:16.32	40.67
	100m: 1:23.70	44.99	200m: 2:54.98	44.67	300m: 4:35.65	50.20	400m: 5:53.45	37.13

Senioren

1.	Maaiké Issard		DZ&PC	200300022		4:56.00	Q	669
	50m: 32.69	32.69	150m: 1:45.11	36.39	250m: 3:03.97	42.68	350m: 4:22.18	35.06
	100m: 1:08.72	36.03	200m: 2:21.29	36.18	300m: 3:47.12	43.15	400m: 4:56.00	33.82
2.	Dachen Haaijer		ZPC Hoogeveen	200800380		4:56.48	Q	666
	50m: 33.07	33.07	150m: 1:49.87	37.96	250m: 3:08.54	42.46	350m: 4:24.10	33.04
	100m: 1:11.91	38.84	200m: 2:26.08	36.21	300m: 3:51.06	42.52	400m: 4:56.48	32.38
3.	Fay Boxum		DZ&PC	200900060		5:02.64	Q	626
	50m: 32.44	32.44	150m: 1:47.61	37.66	250m: 3:08.19	43.50	350m: 4:28.39	35.10
	100m: 1:09.95	37.51	200m: 2:24.69	37.08	300m: 3:53.29	45.10	400m: 5:02.64	34.25
4.	Frouke Ludwig		DZ&PC	200800112		5:04.84	Q	612
	50m: 32.66	32.66	150m: 1:49.90	39.56	250m: 3:11.53	43.56	350m: 4:30.44	34.95
	100m: 1:10.34	37.68	200m: 2:27.97	38.07	300m: 3:55.49	43.96	400m: 5:04.84	34.40
5.	Laura van Etten		HZ&PC Heerenveen	200800264		5:10.30	Q	581
	50m: 32.87	32.87	150m: 1:51.16	38.98	250m: 3:15.11	44.86	350m: 4:36.61	35.60
	100m: 1:12.18	39.31	200m: 2:30.25	39.09	300m: 4:01.01	45.90	400m: 5:10.30	33.69
6.	Kyara Balt		De Vikings	201100306		5:51.17	Q	400
	50m: 38.02	38.02	150m: 2:06.50	44.19	250m: 3:40.03	49.72	350m: 5:12.49	40.03
	100m: 1:22.31	44.29	200m: 2:50.31	43.81	300m: 4:32.46	52.43	400m: 5:51.17	38.68
7.	Norell Kroeze		Zwemclub Polaris	201100378		5:51.22	Q	400
	50m: 39.43	39.43	150m: 2:13.38	46.46	250m: 3:46.55	48.34	350m: 5:15.69	38.93
	100m: 1:26.92	47.49	200m: 2:58.21	44.83	300m: 4:36.76	50.21	400m: 5:51.22	35.53
8.	Fardau Cazemier		ZCNF'34	200901736		5:53.45	Q	393
	50m: 38.71	38.71	150m: 2:10.31	46.61	250m: 3:45.45	50.47	350m: 5:16.32	40.67
	100m: 1:23.70	44.99	200m: 2:54.98	44.67	300m: 4:35.65	50.20	400m: 5:53.45	37.13