

Programmanr. 32  
1-3-2020 - 17:10

Dames, 800m vrije slag  
Winnares 2019: Laura Setz 9:02.38

11 jaar en ouder  
Resultaten

Punten: FINA 2020

Rang							In.tijd	Tijd	Fina	RT	Finale
1.	Laura Setz	ZPC Nova	200000130	8:53.85	<b>9:03.42</b>	709	+0,93				
	100m: 1:03.33	1:03.33	300m: 3:19.74	1:08.00	500m: 5:37.45	1:08.74	700m: 7:55.78	1:09.15			
	200m: 2:11.74	1:08.41	400m: 4:28.71	1:08.97	600m: 6:46.63	1:09.18	800m: 9:03.42	1:07.64			
2.	Janna van Kooten	TriVia	200404584	8:58.50	<b>9:14.72</b>	667	+0,89				
	100m: 1:05.47	1:05.47	300m: 3:26.76	1:10.57	500m: 5:47.41	1:10.73	700m: 8:07.07	1:09.42			
	200m: 2:16.19	1:10.72	400m: 4:36.68	1:09.92	600m: 6:57.65	1:10.24	800m: 9:14.72	1:07.65			
3.	Alinda Dingshoff	ZPC Hoogeveen	200000928	9:08.51	<b>9:28.88</b>	618					
	100m: 1:08.00	1:08.00	300m: 3:30.02	1:10.98	500m: 5:52.57	1:11.05	700m: 8:17.55	1:12.99			
	200m: 2:19.04	1:11.04	400m: 4:41.52	1:11.50	600m: 7:04.56	1:11.99	800m: 9:28.88	1:11.33			
4.	Lize Janna de Vries	Orca 1	200101948	9:08.89	<b>9:30.85</b>	612	+0,92				
	100m: 1:07.49	1:07.49	300m: 3:32.22	1:12.31	500m: 5:56.22	1:11.77	700m: 8:20.36	1:12.09			
	200m: 2:19.91	1:12.42	400m: 4:44.45	1:12.23	600m: 7:08.27	1:12.05	800m: 9:30.85	1:10.49			
5.	Marte Hieke van der Kam	Orca 1	200500218	9:12.96	<b>9:38.84</b>	587	+0,88				
	100m: 1:08.76	1:08.76	300m: 3:35.52	1:13.29	500m: 6:00.82	1:11.93	700m: 8:26.84	1:13.00			
	200m: 2:22.23	1:13.47	400m: 4:48.89	1:13.37	600m: 7:13.84	1:13.02	800m: 9:38.84	1:12.00			
6.	Charlotte Wilbers	ZPC Hoogeveen	200400312	9:18.46	<b>9:40.35</b>	582					
	100m: 1:09.96	1:09.96	300m: 3:36.31	1:13.27	500m: 6:02.80	1:13.39	700m: 8:30.24	1:13.61			
	200m: 2:23.04	1:13.08	400m: 4:49.41	1:13.10	600m: 7:16.63	1:13.83	800m: 9:40.35	1:10.11			
7.	Danielle Meinema	SWOL 1894	200300534	9:23.45	<b>9:51.74</b>	549					
	100m: 1:08.64	1:08.64	300m: 3:36.95	1:14.03	500m: 6:05.99	1:14.97	700m: 8:37.80	1:16.16			
	200m: 2:22.92	1:14.28	400m: 4:51.02	1:14.07	600m: 7:21.64	1:15.65	800m: 9:51.74	1:13.94			
8.	Frouke Ludwig	Dz&Pc	200800112	10:28.67	<b>10:34.49</b>	446	+0,80				
	100m: 1:13.59	1:13.59	300m: 3:57.08	1:21.99	500m: 6:38.91	1:20.41	700m: 9:17.69	1:19.18			
	200m: 2:35.09	1:21.50	400m: 5:18.50	1:21.42	600m: 7:58.51	1:19.60	800m: 10:34.49	1:16.80			
AFGEM	Naomi Polinder	Zv 44	200300020	9:53.03							